

Nearly half of MSU students reported having a cold or flu last year.*

Protect Yourself! No flu for you!



How to avoid the flu:

1. **Get a flu shot each year!**
 2. Wash your hands frequently with soap and water.
 3. Avoid being near sick people.
 4. Try to avoid touching your eyes, mouth, and nose.
- ◆ Flu shots are available to students at Olin Health Center, and the Neighborhood Clinics by appointment.

*NCHA 2016

Schedule an appointment: 517.353.4660
Same day appointments are available at most locations!

Bring your insurance card with you, most insurance plans cover the cost of the flu shot.

Uninsured student? Please talk with the nurse at the time of your appointment.

For students and other uninsured individuals we offer a discount when payment is made the same day.

- ◆ Flu shot with prompt pay discount is \$25**.
- ◆ Cost if we bill patient or participating insurance is \$67

To prompt pay,** visit or call Olin within 24 hours at 517-353-3710.

Credit/debit cards or Spartan Cash are accepted over the phone.

To pay with cash or check go to the Cashier's Office at Olin Health Center.



Michigan State University
Student Health Services