**Alternatives to Sex Songs**

“Hey, Hey, Good Lookin’, whatcha got cookin’?
How’s about cookin’ something up with me”
- Jimmy Buffett

“Hey, Hey, Good Lookin’, whatcha got cookin’?
How’s about cookin’ something up with me”
- Jimmy Buffett

“I’m a genie in a bottle baby, You gotta rub me the right way, honey”
- Christina Aguilera

**Intimacy is Unique**

What expresses intimacy for one person may not be intimate enough for another and too intimate for someone else.

**Still looking for the perfect way to pick the right time and place with your partner? Other ideas:**
- Leave a message on your partner’s voice mail that will turn them on
- Take turns talking dirty
- Make/kiss/tell/look cooler than usual
- Whisper sweet nothings in your partner’s ear (make sure they can’t respond)

**Try This:**

Go for walk in the Beal Botanical Gardens or the 4H Gardens, holding hands or walking arm-in-arm and enjoying each other’s company.

**Try This:**

Place whipped cream on your partner’s neck and a strawberry in their mouth.
Kiss off the whipped cream and then eat the strawberry.

**Try This:**

Surprise your partner after a long day by putting on your favorite relaxing CD and giving them a massage.
alternatives to sex songs
Intimacy is unique

What expresses intimacy for one person may not be intimate enough for another and too intimate for someone else.

Visit The Center for Sexual Health Promotions at Olin to learn more about alternatives to sex or other health related issues.
STILL LOOKING FOR THE PERFECT WAY TO ENJOY INTIMATE TIME WITH YOUR PARTNER OTHER THAN INTERCOURSE?

- Leave a message on your partner's voicemail that will turn them on
- Take turns talking dirty
- Moan/groan/yell louder than usual
- Whisper sweet nothings in your partner's ear (maybe where they can't respond)

- OR -
“Oh yeah, I'll tell you
Something, I think you'll understand. When I say that something
I wanna hold your hand”

- The Beatles
Holding hands can be a very intimate thing. It can be a way to show your partner affection, comfort or protection. Sometimes holding hands is more significant than other seemingly deeper expressions of love & romance.
TRY THIS!
Go for walk in the Beal Botanical Gardens or the 4H Gardens, holding hands or walking arm-in-arm and enjoying each other’s company.
“Hey, Hey, Good Lookin',
whatcha got cookin'?
How's about cookin'
something up with me”

- Jimmy Buffett
It can be fun to integrate food into foreplay.

Good foods to try:
- strawberries
- whipped cream
- chocolate syrup
- ice cubes
TRY THIS!

Place whipped cream on your partners neck and a strawberry in their mouth ...

Kiss off the whipped cream and then eat the strawberry.
“I’m a genie in a bottle baby, You gotta rub me the right way, honey”

- Christina Aguilera
EXPLORE YOUR PARTNER'S BODY
WHILE GIVING THEM
THE GIFT OF RELAXATION

CLOTHES ON OR OFF, WHATEVER IS MORE COMFORTABLE FOR YOU
EVERYONE LIKES A GOOD BACK/HAND/FOOT/NECK RUB FROM TIME TO TIME.
Surprise your partner after a long day by putting on your favorite relaxing CD and giving them a massage.