Disease & Injury Prevention

Why it Matters

- There are over 50,000 people walking, driving, and rollerblading and over 20,000 biking on campus every day. It is easy to find yourself in a chaotic and hazardous situation.

- Common injuries at MSU involve bicycle accidents (e.g., with pedestrians, cars, and persons on rollerblades).

- Disease prevention is key to public health and protects not only the individual, but also everyone around you. It is always better to prevent a disease than to treat it, as treatment can become extremely costly.

- Vaccines prevent disease in those who receive them and also protects you when encountering someone who is not vaccinated.

What MSU students say and do

- **49%** Of MSU students reported being vaccinated against the Human Papilloma Virus (HPV).

- **45%** Of MSU females said they had a gynecological exam in the past year.

- **17%** Of MSU students reported having been diagnosed with or treated for allergy problems.

- **98%** Of MSU students reported wearing a seatbelt when riding in a car, but only **18%** report wearing a helmet when riding a bicycle.

What you can do

- When riding a bike on campus, wear bright colors and ride your bike in the roadway; you’ll be safer and get to your destination faster.

- Always wear a helmet when biking or rollerblading and always wear a seatbelt while riding in a car.

- Students can receive routine immunizations at Olin Health Center’s Allergy & Immunization Clinic. For more information on recommended vaccines, visit: olin.msu.edu/services/allergy

- Participate in routine check-ups with your primary care doctor.

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**Did you know?**

PAP testing guidelines have recently changed. It is recommended that women receive their first test at age 21.

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Disease & Injury Prevention Resources

**Student Health Services:** A wide variety of health care services are available to MSU students year round at 5 different locations on campus. Visit olin.msu.edu for more information.

**University Physician’s Office:** Information for students about vaccine and immunization policies. uphys.msu.edu

**Ingham County Health Department:** Information on immunizations and emergency preparedness. hd.ingham.org