



The State of Spartan Health 2016

Disease & Injury Prevention

Why it Matters

- There are over 50,000 people walking, driving, and rollerblading and over 20,000 biking on campus every day. It is easy to find yourself in a chaotic and hazardous situation.
- Common injuries at MSU involve bicycle accidents (e.g., with pedestrians, cars, and persons on rollerblades).
- Disease prevention is key to public health and protects not only the individual, but also everyone around you. It is always better to prevent a disease than to treat it, as treatment can become extremely costly.
- Vaccines prevent disease in those who receive them and also protects you when encountering someone who is not vaccinated.



What MSU students say and do

- 49%** Of MSU students reported being vaccinated against the Human Papilloma Virus (HPV).
- 45%** Of MSU females said they had a gynecological exam in the past year.
- 17%** Of MSU students reported having been diagnosed with or treated for allergy problems.
- 98%** Of MSU students reported wearing a seatbelt when riding in a car, but only **18%** report wearing a helmet when riding a bicycle.

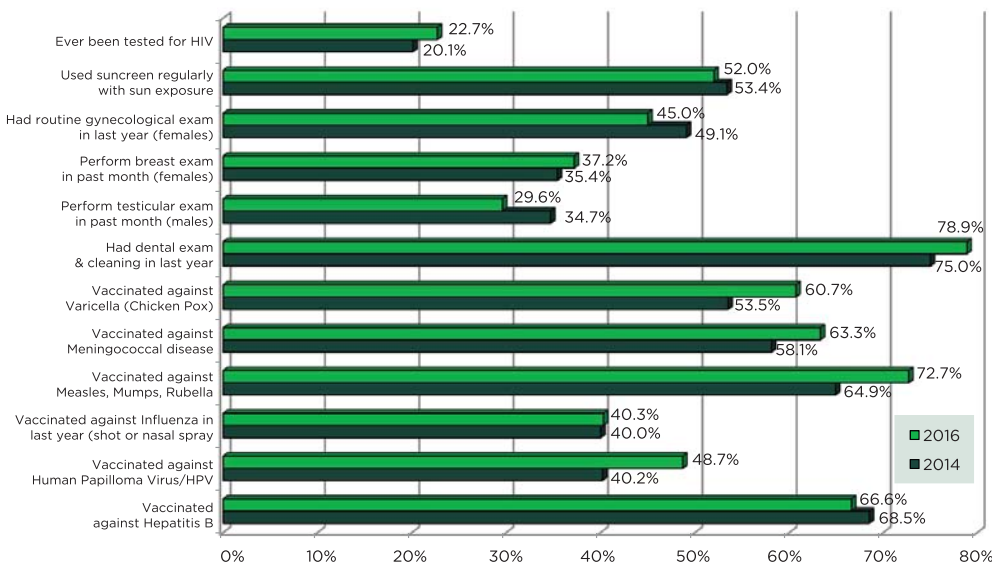
What you can do

- When riding a bike on campus, wear bright colors and ride your bike in the roadway; you'll be safer and get to your destination faster.
- Always wear a helmet when biking or rollerblading and always wear a seatbelt while riding in a car.
- Students can receive routine immunizations at Olin Health Center's Allergy & Immunization Clinic. For more information on recommended vaccines, visit: olin.msu.edu/services/allergy
- Participate in routine check-ups with your primary care doctor.

Did you know?

PAP testing guidelines have recently changed. It is recommended that women receive their first test at age 21.

Percent of Students Who Reported Various Preventative Health Behaviors



Disease & Injury Prevention Resources

Student Health Services: A wide variety of health care services are available to MSU students year round at 5 different locations on campus. Visit olin.msu.edu for more information.

University Physician's Office: Information for students about vaccine and immunization policies. uphys.msu.edu

Ingham County Health Department: Information on immunizations and emergency preparedness. hd.ingham.org